

Need More Information?

Minnesota Department of Natural Resources

www.dnr.state.mn.us

Information Center
500 Lafayette Road
St. Paul, MN 55155
Hours: Monday - Friday 8:00 a.m. - 4:30 p.m.

651-296-6157 (metro area)
1-888-MINNDNR (646-6367) (toll free)
TDD: 651-296-5484 (metro area)
TDD: 1-800-657-3929 (toll free)

Explore Minnesota Tourism

www.exploreminnesota.com

Travel Information Center
121 Seventh Place East
Metro Square, Suite 100
St. Paul, MN 55101
Hours: Monday - Friday 8:00 a.m. - 4:30 p.m.

1-888-TOURISM (868-7476)
651-296-5029 (Metro Area)



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This information is available in alternative format upon request

Try a Trail!

State trails offer something for everyone in every season of the year. These trails are perfect for a close-to-home workout in an outdoor setting, a fun day trip, or an adventurous weekend getaway exploring Minnesota's remote reaches. These trails link urban places to country spaces and let you explore all the beauty of Minnesota at your own pace. Historic sites, parks, forests, lakes and creeks, and charming small towns are waiting for you to discover them.

You can trek through Minnesota's snowy north woods on hundreds of miles of groomed snowmobile trails or bicycle across sunlit prairies and rolling pastoral landscapes in central Minnesota. If you haven't yet enjoyed the limestone cliffs and caves, sparkling trout streams, delicate spring wildflowers, and flashy fall colors of Minnesota's southeastern bluffs, you are in for a treat!

Small towns along the trails have put out the welcome mat for visitors to their cafes, bed-and-breakfast inns, resorts, and campgrounds. Equipment rental is available in many trail towns. Special events are held on the trails year-round, such as candle-lit cross-country ski outings. Three-day bike tours for charitable causes use parts of the Willard Munger State Trail. Other trail towns sponsor marathons, bike tours and trail festivals. Check with trail towns or trail associations for further information on special events!

Maps for individual trails, showing greater detail, can be obtained from the DNR website or by calling the DNR Information Center.

Happy Trails to You!

Rules and Regulations

Trail users are legally responsible for obeying the rules and regulations provided in Minnesota Rules, State Recreational Trails, 6100.3000 through 6100.4300. They can be accessed through the following website: www.leg.state.mn.us



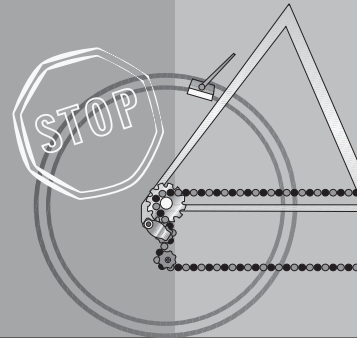
The Minnesota Ski Pass is required for all cross-country skiers who are 16 and older and skiing on designated public cross-country ski trails. The Ski Pass must be signed and in your possession when skiing on any public ski trail in Minnesota. For more information about the Ski Pass, please call the DNR Information Center or visit the website.

A snowmobile with metal traction devices, also known as studs, may not operate on a paved public trail, unless exempted by the state or local unit of government that operates that trail. On some sections of affected state trails, alternate routes open to all snowmobiles have been provided. Call the DNR Information Center or the local snowmobile club for up-to-date information.



SHARE the TRAIL

Safety is Important



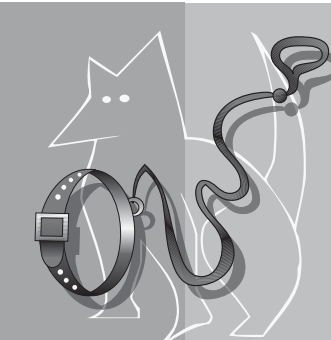
- **Stop at all stop signs; look both ways before crossing.**
- **Wear a helmet.**
- **Keep right except to pass. Sound off: "Passing on the left."**
- **Don't block the trail; stop on the shoulder.**
- **Take it easy; slow is the way to go.**

Pack it Out



- **Pack out all garbage and litter.**
- **Clean up after your pet.**
- **Reduce, reuse, recycle.**
- **Save your tax dollars; bring your trash home! Garbage cans not provided.**
- **Keep your trail beautiful!**

Animals on the Trail



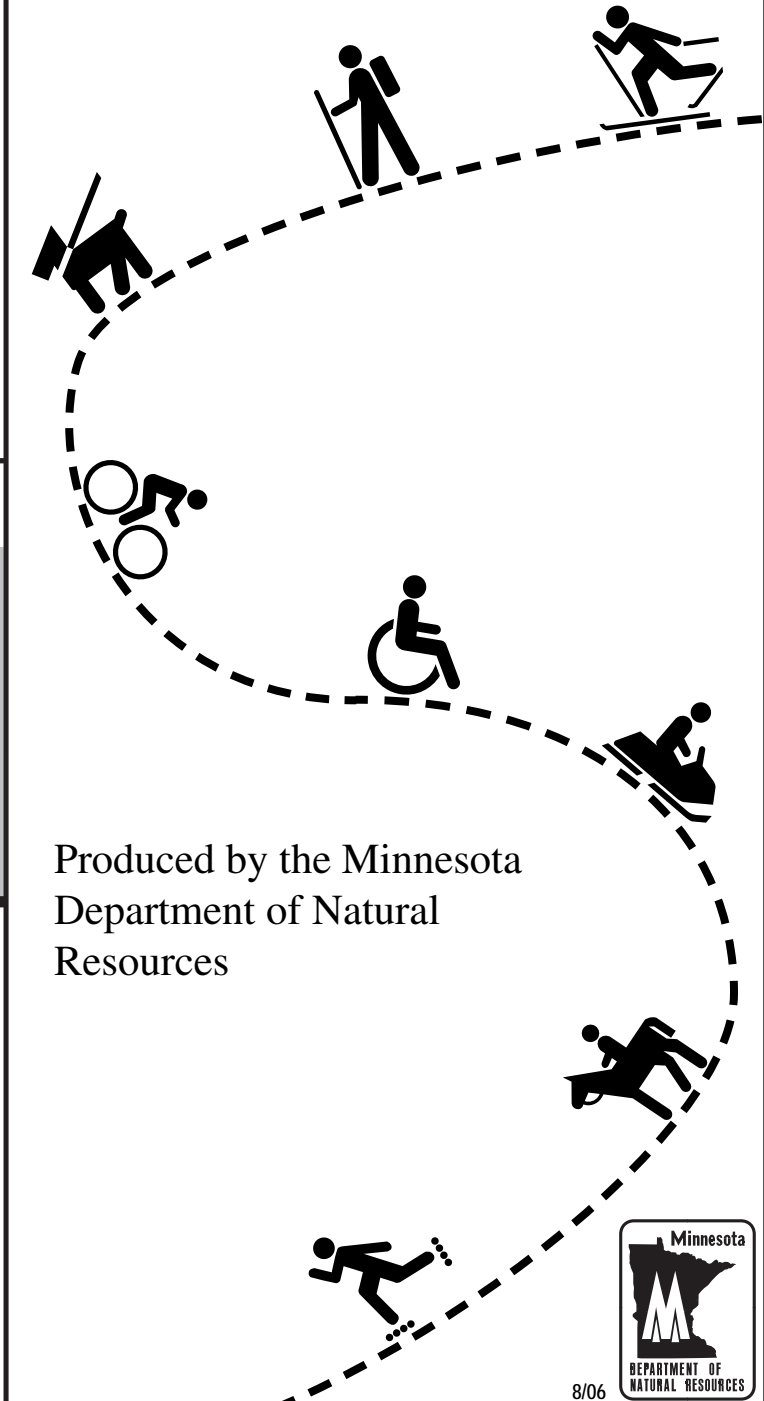
- **Pets must be leashed and under control.**
- **Properly dispose of pet waste.**
- **Horses should remain on designated trails.**
- **Horses startle easily; announce your approach and keep a safe distance.**
- **Animals may frighten others; please be courteous.**

Snowmobiling the Trails



- **Don't drink and drive.**
- **Maximum speed 50 MPH**
- **Snowmobiles with studs not allowed on paved state trails.**
- **The groomed surface needs to "set up." Please do not follow the grooming equipment.**

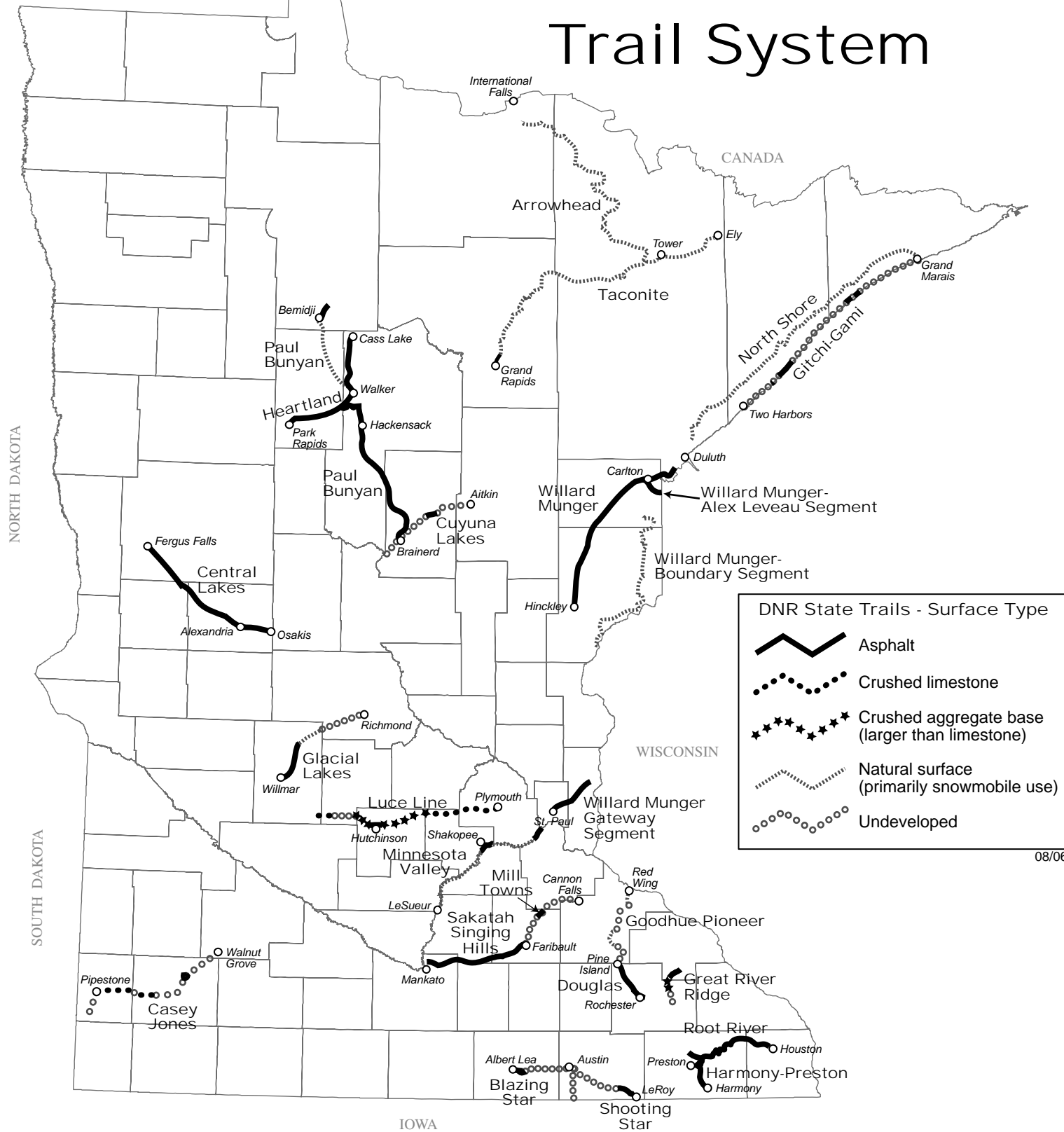
Minnesota's State Trails



Produced by the Minnesota Department of Natural Resources



Minnesota's State Trail System



Maps for individual trails, showing greater detail, can be obtained from the DNR website at www.dnr.state.mn.us/state-trails, or by calling the DNR Information Center at 1-888-MINNDNR.

State Trail	Segment	Total Miles	Bike/inline-skate - asphalt	Bike - limestone	Mt. Bike natural surface	Hike/Walk	Horseback	Snowmobile	Groomed Ski	Notes	Rest Area	Access to Camping	Access to Fishing	Designated Swimming	Access to State Parks
Arrowhead	International Falls - Tower	135			69	69	69	135		Many wet areas in summer					
Blazing Star	Albert Lea - Big Island State Park	6	6			6			6						
Casey Jones	City of Pipestone - Murray County Line	12			12	12	12	12		natural surface - limited development					
	Lake Wilson	2			2	2	2	2		natural surface - limited development					
	Currie - Lake Shetek State Park loop	6	6			6									
Central Lakes	Osakis - Fergus Falls	55	55			55		55							
Cuyuna Lakes	Crosby - Crow Wing County Road 128	5.1	5.1			5.1									
Douglas	Rochester - Pine Island	13	13			13	13	13	13						
Gitchi-Gami	Silver Creek Cliff	1	1			1									
	Gooseberry Falls State Park	1.2	1.2			1.2									
	Split Rock River - Beaver Bay	8.4	8.4			8.4			1.5						
	Schroeder - Tofte	3	3			3			3						
	Tofte - Onion River	2.5	2.5			2.5			2.5						
	Grand Marais	1	1			1			1						connects to city trail for total length of 2 miles
Glacial Lakes	Willmar - New London - Hawick	18	13.75	4.25		18	18	18							
	Hawick - Richmond	22						4							
Goodhue-Pioneer	Red Wing - Hay Creek Unit	4			4	4	4	4							
	Zumbrota - 4 miles north of Zumbrota	4			4	4	4	4							
Harmony-Preston Valley	Root River Trail - Harmony	18	18			18			18						
Heartland	Park Rapids - Cass Lake	47	47			47	27	47							
Luce Line	Plymouth - Stubbs Bay Road	7		7	7	7	7								
	Stubbs Bay Road - Winsted	23		23	23	23	23	23							
	Winsted - Cedar Mills	23			23	23	23	23							
	Cedar Mills - Cosmos	10			10	10	10	10							
Mill Towns	Dundas - Northfield	3	3			3									
MN Valley State Recreation Area Trails	Ft. Snelling - Shakopee	19	6		19	19		19	5						
	Shakopee - Chaska	5	5		5	5		5							
	Chaska - Belle Plaine	20			20	20	20	20							
North Shore	Duluth - Grand Marais	146			75	75	75	146		6 miles ATV use outside of Finland					
Paul Bunyan	Brainerd/Baxter - Walker	71	70.5			71		71							
	Walker - Lake Bemidji State Park	37	10		27	37		37							
Root River	Fountain - Houston	42	42			42	6		42						
Sakatah Singing Hills	Mankato - Faribault	39	39			39	39	39	6						
Shooting Star	LeRoy - Taopi	8	8			8									
Taconite	Grand Rapids - Coleraine	4	4			4		4							
	Coleraine - Ely	159			107	107	50	159							
Willard Munger	Boundary Segment	80			80	80	65	80							
	Hinckley - Duluth	63	63			63		63							
	Alex Leveau Segment	6	6			6		6							
	Gateway Segment	19	19			19	10								